

# HOW DEEP IS YOUR LOVE

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**Music:** "How Deep Is Your Love" (download from walmart.com or contact choreographers)  
**Artist:** Michael Ball, Album: The Movies, Track #9  
**Phase:** VI + 1 unphased [Alemana Surprise Check]  
**Footwork:** Opposite, directions for man except as noted (W's in parentheses)  
**Rhythm:** Rumba **Release Date:** September, 2007 (corrected)  
**Suggested Speed:** Slow for comfort—43 rpm (about 96%)  
**Sequence:** Intro, A, B, A, B (mod), Interlude, B, Tag

## MEAS

## INTRO

**1-8** **WAIT; WAIT; SLOW EXPLODE APT; WRAP/M TCH; SLOW RKS (3X)—ROLL LF (to) SHADOW LUNGE W/ARM SWEEP—ROLL (to) FC/LADY IN 4;;;:**  
**SS SS** **1-2** **[WAIT 2 MEAS]** Fcg ptr and WALL both hnds jnd low in front of body lead ft free wait 2 meas; ;  
**SS** **3** **[SLOW EXPLODE APT]** Lunge apt L (W R) trng twd LOD look at ptr sweeping lead arm up and out CCW (W CW), keep trlg hnds jnd;  
**QOS** **4** **[WRAP/M TCH]** Rec R to fc ptr bring arms down, cl L, tch R to L, - (W rec wrap LF L, R, L, -) to wrapped pos both fcg WALL;  
**SS S** **5-6 ½** **[SLOW RKS (3X)]** Both rk sd R twd RLOD, -, both rk sd L twd LOD, -; both rk sd R twd RLOD releasing R hnds, -,  
**QQ SS** **6 ½-7** **[ROLL LF (to) SHADOW LUNGE W/ARM SWEEP]** Trng slightly LF step fwd L twd LOD leading W to unwrap, both step sd R twd LOD cont LF trn; sd L cont LF trn to fc WALL while sweeping L arm from low R waist upwd and dwn in slow CCW arc, -, -, -;  
**QOS (W QQ&S)** **8** **[ROLL (to) FC/LADY IN 4]** Both step fwd R twd RLOD trng ½ RF, bk L cont ½ trn RF, fwd R cont ¼ trn RF to fc ptr and WALL, M tch L ft to right ft (W cl L) join R hnds fcg WALL;

## PART A

**1-14** **OP HIP TWIST; PARALLEL BRKS;; (DBL HND) REV LARIAT W/SPIRAL (to);; TURKISH TOWEL;; LADY OUT (to FC) W/SPIRAL; CURL; FAN; ALEMANA W/ROPE SPIN;;;:**  
**QOS** **1** **[OP HIP TWIST]** R hnds jnd fwd L, rec R, cl L, - (bk R, rec L, fwd R with tension in the right arm to swivel ¼ RF, -);  
**QOS QOS** **2-3** **[PARALLEL BRKS]** Bk R lead W across in front of M, rec L comm ¼ LF trn, sd and fwd R comp LF trn to fc LOD, - (W fwd L, fwd R comm ½ LF trn, sd & bk L comp LF trn to fc WALL, -); fwd L, fwd R comm ½ LF trn, sd & bk L comp trn to fc WALL, - (bk R lead M across in front of W, rec L comm ¼ LF trn, sd & fwd R comp ¼ LF trn to fc LOD, -) keep R hnds joined low;  
**QOS QOS** **4-5** **[(DBL HND) REV LARIAT W/SPIRAL]** Jn L hnds above heads, cl R to L, SIP L lead W to spiral LF, SIP R lead W twd M's left sd still fcg WALL, - (W small steps fwd L circling CCW around M, fwd R spiral LF, fwd L, -); SIP L, R, L lead W to M's R sd, - (W fwd R, fwd L, fwd R to M's R sd, -) to end Varsou pos with M in front of W both fcg WALL;  
**QOS QOS** **6-7** **[TURKISH TOWEL]** Ck bk R, rec L, sd R in front of W now to the W's right sd, - (W ck fwd L, rec R, sd L in bk of M now to M's left sd, -); ck bk L, rec R, sd L in front of W now to W's L sd, - (W ck fwd R, rec L, sd R now to M's R sd, -) end Varsou fcg WALL;  
**QOS** **8** **[LADY OUT (to) FC W/SPIRAL]** Ck bk R, rec L, fwd R, - (W fwd L, fwd R spiral LF, fwd L cont LF trn ½ to fc ptr, -) join lead hnds fc WALL;  
**QOS** **9** **[CURL]** Rk fwd L, rec R, cl L lead W to turn LF under lead hnd, - (W bk R, rec L, fwd R start LF trn, cont trn 5/8 in front of M to fc LOD, -);  
**QOS** **10** **[FAN]** Bk R, rec L, sd R, - (W fwd L, fwd R trn ½ LF, bk L leaving right leg extended twd RLOD with no wt, -);

(continued)

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### PART A (continued)

- QQS QQS 11-14 **[ALEMANA W/ROPE SPIN]** Fwd L, rec R, cl L, - (W cl R, fwd L, fwd R comm RF swivl to fc ptr, -); bk R, rec L, cl R lead W to spiral\* under jnd lead hnds, - (W fwd L under jnd lead hnds trn RF, cont RF trn fwd R, fwd L to M's R sd spiral RF, -); push sd L, rec R, cl L, - (W fwd R, L, R circle CW around M, -); push sd R, rec L, cl R, - (W fwd L, fwd R, sd & fwd L to fc ptr, -) join R hnds fc WALL;  
\*NOTE: M should sway to the right, look at woman and bring left hand across in front of forehead so that the jnd hands are near the W's head. This will enable her to spiral without being pulled off balance. Straighten out the sway as she circles around.

### PART B

- 1-10 **ALEMANA SURPRISE CHK (to fc RLOD);;**  
**FWD BASIC/LADY RONDE (to); FAN; HOCKEY STK;; THREE ALEMANAS;;;;**
- QQS 1-2 **[ALEMANA SURPRISE CHK]** R-R hndshk fwd L, rec R, cl L to R raising joined R hnds, - (W bk R, rec L, sd & fwd R, -); bk R, rec L, swivel ¼ LF on L cl R bring jnd R hnds thru at chest level between ptrs & extend them across in front of W both now fcg LOD, swivl ½ RF on R bring jnd R hnds thru at chest level between ptrs & extend them across in front of M both now fcg RLOD with M's L hand on W's L shoulder blade (W fwd L trng RF ½ under jnd R hnds, small fwd R trng ½ RF to fc M bringing feet tog, swivel ¼ on R cl L put L hnd on M's L shoulder blade, swivel ½ LF on L);
- QQS QQS 3-4 **[FWD BASIC/LADY RONDE (to) FAN]** Chk fwd L, rec R, bk L leaving right arm extended as W does ronde to fc M, - (W chk bk R, rec L, fwd R swivel RF with strong CW ronde of left ft to fc LOD, -); bk R trng LF to fc WALL, cl L, sd R to fan, - (W fwd L, fwd R swivel ½ LF chg to lead hnds, bk L to fc RLOD, -);
- QQS QQS 5-6 **[HOCKEY STK]** Fwd L, rec R, cl L, - (W close R, fwd L, fwd R, -); bk R, rec L, fwd R following W, - (W fwd L, fwd R trng LF to fc ptr, sd & bk L, -);
- QQS QQS 7-10 **[THREE ALEMANAS\*]** Fwd L, rec R, cl L, - (W bk R, rec L, fwd R, -); bk R, rec L, cl R, - (W fwd L trn RF ½, fwd R trn RF ½, fwd L trn RF up to ¾, -); sd L, rec R, cl L, - (W fwd R trn LF, fwd L LF trn, fwd R to fc ptr, -); bk R, rec L, cl R, - (W fwd L trn RF ½, fwd R trn RF ½, fwd L to fc ptr, -) join R hnds;  
\*NOTE: Optional Roundalab definition: the W's steps 1-6 can be the same as 1-6 of an Alemana, steps 7-9 can be a LF underarm turn, steps 10-12 can be the same as 4 6 of an Alemana turn to the right. M's footwork is a fwd & bk cucaracha, sd cucaracha, bk cucaracha.

### PART B (modified)

- 1-10 **ALEMANA SURPRISE CHK (to fc RLOD);**  
**FWD BASIC/LADY RONDE (to); FAN; HOCKEY STK;;**  
**THREE ALEMANAS (overturn to) SHADOW WALL/LADY IN 4;;;;**
- QQS 1-9 Repeat meas 1-9 of Part B;;; ;;; ;
- QQS 10 **[OVERTRN ALEMANA/LADY IN 4]** Bk R, rec L, fwd R to shadow WALL, - (W fwd L trn ½ RF, fwd R trn ½ RF, fwd L trn RF to M's R sd shadow fcg WALL, cl R);

### INTERLUDE

- 1-3 **ROLL LF (to) SHADOW LUNGE W/SLO ARM SWEEP;; ROLL (to FC)/LADY IN 4;**  
QQS 1-2 **[ROLL LF (to) SHADOW LUNGE W/SLOW ARM SWEEP]** Trng slightly LF step fwd L twd LOD leading W to unwrap, both step sd R twd LOD cont LF trn, sd L cont LF trn to fc WALL, start sweeping L arm slowly from low R waist upwd and dwn in slow CCW arc; cont arm sweep, -, -, -;
- QQS 3 **[ROLL LF (to) FC/LADY IN 4]** Both step fwd R twd RLOD trng ½ RF, bk L cont ½ trn RF, fwd R cont ¼ trn RF to fc ptr and WALL (W fc ptr and COH), M tch L ft to right ft (W cl L) join R hnds fcg WALL;

(continued)

## TAG

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### CUDDLE WRAP & LOWER:

1 [CUDDLE WRAP & LOWER] Fwd L jn lead hnds at waist level, rec R lead W to make a LF trn to fc the same dir as M by wrapping the W's left arm in front of her waist and placing right arm bhd her waist, cl L (W bk R, rec L trn LF to wrap pos, cl R) jn free outsd hnds loosely in front at chest height, slowly lower shaping & looking at ptr as music fades;

# HOW DEEP IS YOUR LOVE

[Alemana Surprise Check]

*Music:* How Deep Is Your Love (Michael Ball)

**Phase:** VI+1 unphased

**Rhythm:** Rumba

**Choreographer:** Don Gilder & Mary Trankel

**RPM:** slow for comfort

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INTRO: [Fcg ptr & WALL, both hnds jnd low]: WAIT; WAIT;  
slo explode apt; wrap/M tch; slo rk (3x) — roll LF to shadow  
lunge w/arm sweep — roll (to) fc/Lady in 4 (hndshk);;;

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PART A: Op hip twist; parallel brks;; (dbl hnd) rev lariat w/spiral (to);;  
turkish towel;; Lady out (fc) w/spiral; curl (to); fan;  
alemana w/rope spin (hndshk);;;

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PART B: Alemana surprise chk (fc RLOD);;  
fwd basic/Lady ronde (to); fan; hockey stick;;  
3 alemanas (hndshk);;;

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PART A: Op hip twist; parallel brks;; (dbl hnd) rev lariat w/spiral (to);;  
turkish towel;; Lady out (fc) w/spiral; curl (to); fan;  
alemana w/rope spin (hndshk);;;

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PART B: Alemana surprise chk (fc RLOD);;  
(mod) fwd basic/Lady ronde (to); fan; hockey stick;;  
3 alemanas (overtrn to shadow/WALL)/Lady in 4;;;

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INTRLD: Roll LF (to) shadow lunge w/slo arm sweep;;  
roll (fc)/Lady in 4 (hndshk);

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PART B: Alemana surprise chk (fc RLOD);;  
fwd basic/Lady ronde (to); fan; hockey stick;;  
3 alemanas;;;

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TAG: Cuddle wrap; lower & look at ptr;

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14 December 2007